

Holy Trinity Catholic School

Lions Athletic Handbook

2025 - 2026



Holy Trinity Catholic School

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Holy Trinity Catholic School

Athletic Handbook

Mission Statement of Holy Trinity Catholic School:

Holy Trinity Catholic School, a ministry of Our Lady Star of the Sea Parish, offers to early childhood and elementary school students of diverse ethnic, economic and religious backgrounds a superior academic program based on Gospel values. Within a family atmosphere, the school strives to develop the spiritual, academic, personal, creative and physical growth of each student.

Mission of Holy Trinity Athletics:

The Holy Trinity Catholic School Athletic Program dedicates itself to the pursuit of excellence in athletics within the framework of a Catholic community and in accordance with its primary role as an educator and spiritual guide. The athletics program is committed to providing opportunities for each individual student-athlete to reach his/her highest potential while developing the qualities and spirit of a Catholic Christian.

Philosophy:

We recognize that the imperishable crown offered by Jesus Christ far exceeds any of the perishable crowns or trophies offered by this world. As a Catholic school, Holy Trinity upholds Christian values and principles. Though our athletic teams strive to win in the sense of having the best score, we recognize the real value of Catholic school athletics is realized only if it fosters the development of the human person—both in spirit and body—by cultivating Christian character, strengthening personal integrity and responsibility, and promoting the pursuit of excellence in all endeavors.

Participation on a team is a privilege. With this privilege come responsibilities in the areas of

preparation, attitude, sportsmanship, and academics. These responsibilities exist in and out of school, and in athletic and non-athletic settings.

Registration Information

Nondiscriminatory Policy

Holy Trinity Athletics admits any student of any race, color, and national or ethnic origin to all the rights, privileges, programs, and activities made available to students of the school. It does not discriminate on the basis of race, color, national or ethnic origin in the administration of its participatory policies, admissions policies, or athletic program.

Procedure for Registration

A student can become eligible to try out for a Holy Trinity athletic team once the following requirements are met:

1. Student and parent/guardian have completed the Holy Trinity Athletic contract.
2. Student and parent/guardian have attended the preseason Orientation Meeting, if required by the Coach of that sport.
3. Student and parent/guardian have read the Holy Trinity Athletic Handbook, signature required.
4. Student has met the academic requirements to participate.

Transportation Policies

In accordance with the policies of the Diocese of Charleston, Holy Trinity Catholic School does provide transportation to or from most athletic events. For all transportation arranged by parents/guardians, Holy Trinity Catholic School and the Diocese of Charleston assume no liability for accidents that may occur in route to any sporting practice or activity.

Student Athlete Expectations and Requirements

Athletes are first and foremost students. Eligibility requirements must be met before participating in a Holy Trinity sport. Students must also:

- Participate in all practices, games, and/or special events.
- Be on time for all practices, games and/or special events.
- I will not miss practices or games because of another outside sport or extra-curricular activity unless approved by the coach.
- There will be times when I will follow someone's lead, and there will be times when I must assume the lead; I understand I will always have a contribution to my team.
- I will take my coach's directions / comments as constructive suggestions which make me a better athlete and my team a successful unit.
- I will always play hard but will always be a fair sport whether we are winning or losing the game, realizing that everyone on my team and my opponent's team are playing for the competitive experience.
- I will, at all times, show respect for my classroom teachers, and my coach; I understand that my conduct in school will and can affect my being a part of the team.
- I will be an example of Christ in all my actions on and off the court.
- I have read the Holy Trinity Athletic Code of Conduct, signed, and turned it in.
- I have read the Athletic Handbook and agree to follow the stated policies and procedures.

Coaching Expectations and Requirements

Coaches are first and foremost educators and must work in coordination with the parents who are the primary educators of children. At all times, coaches must serve as role models for student-athletes emulating Christ the Teacher. Coaches are called to be models and witnesses to their faith each day and as such coaches are expected to uphold high standards of conduct in and out of season. They must be messengers of the schools' mission and ensure that athletic programs embody the Catholic characteristics prevalent at Holy Trinity Catholic School.

Coaching Duties

In addition to serving as witnesses and models of faith, Holy Trinity coaches are expected to fulfill the following duties:

- Plan practices, games, and/or special events
- Attend all practices, games and events
- Supervise athletes at all times until they are picked up from practices/games
- Condition athletes properly
- Assess athletes' readiness for practice and competition
- Instruct properly on what to do and not to do
- Maintain safe playing conditions
- Communicate practice and game schedules to athletes and parents
- Select, train, and supervise assistant coaches

Athlete, Coach and Fan Expectations for Conduct

Summary of The Code of Conduct: All fans, spectators, coaches, and student-athletes are encouraged to enthusiastically support his/her school and team. We all must realize that the athletic arena is an extension of the classroom. Valuable lessons other than winning and losing are taught. The safety and well-being of students, coaches, and officials is of utmost importance to us all. Participants, coaches, and spectators shall at all times conduct themselves in a reasonable and sportsmanlike manner. A participant, coach or fan will be in violation of the Code of Conduct upon any one or more of the following actions:

- By making any degrading remark about any fan, official, coach, or athlete during or after a game, either on or off the field/ floor of play. School officials, coaches and players shall not criticize other schools, coaches, players or officials in the media or on social media.
- By arguing with an official or going through motions indicating dislike or disdain for a decision.
- By using any foul, abusive, inappropriate, or profane language at any time.
- By entering the playing area or field to protest, question, or object to a call or play.

- By hitting, shoving, grabbing or striking any official, coach, athlete or fan at any time (or attempting to do so).
- By being ejected/removed from any contest.
- By detaining an official following the contest to request a ruling or explanation.
- By following/chasing after the official after a game to express your displeasure or opinion with a call or result of a play or game.
- By the use or display of alcohol, tobacco or an unauthorized drug

Athletic Eligibility and Sports Probation

Holy Trinity Catholic School offers sports as a means of building character and good sportsmanship. Any boy or girl who is physically capable, is well-behaved, and is progressing at his /her level may try out for these teams. Unacceptable and/or inappropriate conduct on the part of the student, as measured against school standards and levels of expected behavior, will be reason for the principal to declare a student ineligible to participate in extracurricular activities.

Sports at Holy Trinity Catholic School are provided to be fun experiences and to promote good sportsmanship for the students. Students are to follow the rules and guidelines of the particular sport in which they are engaged.

Determination for athletic eligibility begins when grades are officially recorded at the interim of the grading period of each quarter, then again at report card time each quarter; eligibility will be determined by grade point average in each academic subject. An average of D or F will constitute ineligibility for any competitive sport, including cheerleading. A student with such an average will not be permitted to try out for a school team.

If an active team member has such an average, he/she will be placed on sports probation for

a period of two weeks. At the end of the two-week period, (two weeks of in-school days) the student's effort and participation will be re-evaluated. If, in the opinion of the instructor, a significant improvement is noted at the end of the two-week school session period, the student may be reinstated to active play status. If improvement is not satisfactory, the student will receive a second probation. A third probation will result in exclusion from the team.

A student who is placed on probation may continue to participate in practices, but may not play in competitive games. The student on probation will need to attend the games, but will not be allowed to dress in uniform.

A student who is absent for all or part of a regular school day may be prohibited from participating in athletic or extracurricular activities that day.

I hereby acknowledge that I have read and understand the rules and expectations of the Holy Trinity Athletic Program.

Parent/Guardian Name (print): _____ Date: _____

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Students Name (print): _____ Date: _____

Students Name (signature): _____ Date: _____

Students Name (print): _____ Date: _____

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