

# NEXPLORE



 **Dance - Ballet**

## Discover grace and self-confidence through ballet at Holy Trinity Catholic School!

Students develop self-love and a love of ballet in this beginner dance course. It challenges them to practice their fine motor skills and spatial awareness while playing fun games and learning the basics of ballet. Every plié and pirouette will help them develop better posture, balance, and healthy habits. This course fosters the joy of learning by helping students build a relationship with themselves and an understanding of their bodies while on an exciting ballet adventure.



**\$120**  
per student

### Times and Dates:

**Monday**

3:00pm-4:00pm

**Grades: K-6th**

**Jan 04, 11, 25**

**Feb 01, 08, 22**



**To sign up, visit:**

[www.nexploreusa.com/register-your-child](http://www.nexploreusa.com/register-your-child)

- 1.) Select your state.
- 2.) Choose your school.
- 3.) Find the program and click "Register."

Nexplore's mission is to foster the Joy of Learning through enrichment opportunities so that all children may discover and explore a passion that drives them to excellence.

For more information, or to view our other programs, visit [www.nexploreusa.com](http://www.nexploreusa.com) or call 1-844-JOY-NEXT