

December 2023 First Steps K4 Breakfast & Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
27 Breakfast: Muffin, Fruit, Milk Snack: Apple Sauce	28 Breakfast: Pop Tart, Fruit, Milk Snack: Goldfish	29 Breakfast: Eggs, Fruit, Milk Snack: Carrot Sticks	30 Breakfast: Cereal, Fruit, Milk Snack: Pretzels	1 Breakfast: French Toast Sticks, Fruit, Milk Snack: Yogurt
4 Breakfast: Cereal, Fruit, Milk Snack: Oatmeal Cookie	5 Breakfast: Scrambled Eggs, Fruit, Milk Snack: Animal Crackers	6 Breakfast: Yogurt w/granola, Fruit, Milk Snack: Apple Slices	7 Breakfast: Oatmeal, Fruit, Milk Snack: Carrot Sticks	8 Breakfast: Bagel, Fruit, Milk Snack: Graham Crackers
11 Breakfast: Cereal, Fruit, Milk Snack: Cheese & Crackers	12 Breakfast: Eggs, Fruit, Milk Snack: Graham Crackers	13 Breakfast: Cereal Bar, Fruit Milk Snack: Banana	14 Breakfast: Bagel, Fruit, Milk Snack: Pretzels	15 Breakfast: French Toast Sticks, Fruit, Milk Snack: Goldfish Bag Lunch: Ham & Cheese Sandwich, Chips, Carrot Sticks, Cookie, Water

This is the food that will be provided for your child. If your child doesn't like the food provided, please feed them prior to morning arrival for breakfast and send them an alternate snack. Breakfast service ends at 8:20am. If your child arrives late, please ensure they have been fed.