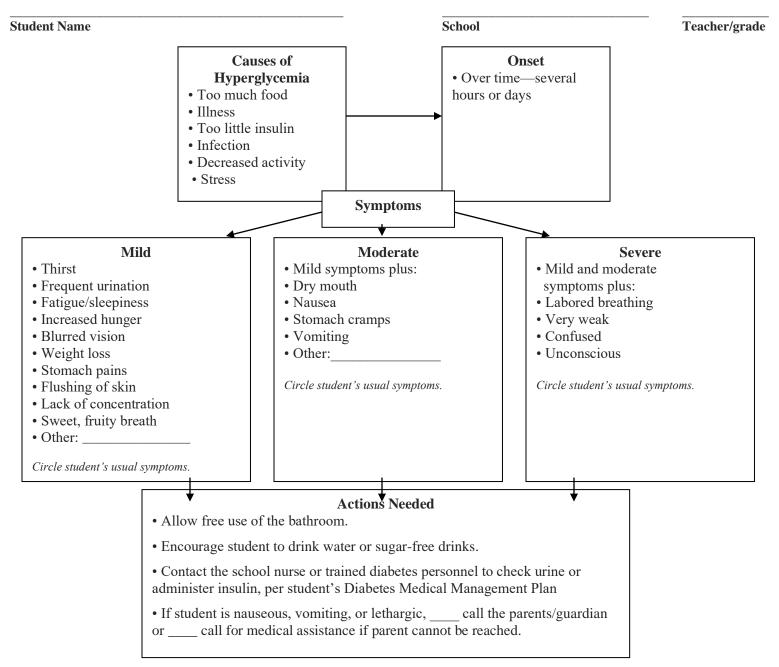
OFFICE OF CATHOLIC SCHOOLS DIOCESE OF CHARLESTON QUICK REFERENCE EMERGENCY PLAN Part A of Diabetes Medical Management Plan HYPOGLYCEMIA (Low Blood Sugar) See reverse for

		See reverse for			
Student Name		Part B and signatures	penooi i cachel/graue		er/grade
Mother/Guardian			Father/Guardia	an	
Home phone Work ph	one Cell		Home phone	Work phone	Cell
Trained Diabetes Personnel NEVER SEND A	CHILD WITH SUSP	PECTED LOW	Contact Numbe BLOOD SUGA	er(s) R ANYWHERE ALONE.	
	Causes of Hypoglycemia Too much insuli Missed food Delayed food Too much or too intense exercise Unscheduled exercise	n	Onset • Sudden		
l		Symptoms			
	entrate change Poor coordinati Circle stude	• Weakness • Slurred Sp • Confusior • Other ent 's usual symptom • Actions needed mel or Designated s	s. School Personnel.	Severe • Loss of consciousness • Seizure • Inability to swallow Circle student's usual symptoms. If possible check blood sugar, DR HYPOGLYCEMIA	
Mild • Student may/may not treat self. • Provide quick-sugar source. 3-4 glucose tablets or 4 oz. juice or 6 oz. regular soda or 3 teaspoons of glucose gel • Wait 10 to 15 minutes. • Recheck blood glucose. • Repeat food if symptoms persist or blood glucose is less than • Follow with a snack of carbohydrate and protein (e.g., cheese and crackers).	Give st per MI Wait 10 Rechec Repeat or bloc Follow carboh	Moderate ne assists. udent quick-sugar so LD guidelines.) to 15 minutes. k blood glucose. food if symptoms pe d glucose is less tha with a snack of ydrate and protein (e and crackers).	ersist n	Severe Don't attempt to give anythin by mouth. Position on side, if possible. Contact school nurse or trained diabetes personnel. Administer glucagon, as prescribed. Call 911. Contact parents/guardian. Stay with student.	-

OFFICE OF CATHOLIC SCHOOLS DOCESE OF CHARLESTON QUICK REFERENCE EMERGENCY PLAN Part B of Diabetes Medical Management Plan HYPERGLYCEMIA (High Blood Sugar)



This quick reference emergency plan reflects orders stated in the Diabetes Medical Management plan and is authorized by;

Licensed Health Care Provider	Telephone	Date	
Parent	Telephone	Date	

Source: Helping the Student with Diabetes Succeed: A Guide for School Personnel