

January 2023 First Steps K4 Breakfast & Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL	2 Breakfast: Pop Tart, Fruit, Milk Snack: Goldfish	3 Breakfast: Bagel, Fruit, Milk Snack: Applesauce	4 Breakfast: Cereal, Fruit, Milk Snack: Pretzels	5 Breakfast: French Toast Sticks, Fruit, Milk Snack: Yogurt
8 Breakfast: Cereal, Fruit, Milk Snack: Oatmeal Cookie	9 Breakfast: Scrambled Eggs, Fruit, Milk Snack: Animal Crackers	10 Breakfast: Yogurt w/granola, Fruit, Milk Snack: Apple Slices	11 Breakfast: Oatmeal, Fruit, Milk Snack: Carrot Sticks	12 Breakfast: Cereal, Fruit, Milk Snack: Goldfish Bag Lunch: Ham & Cheese Sandwich, Chips, Carrot Sticks, Cookie, Water
15 NO SCHOOL	16 Breakfast: Sausage Biscuit, Fruit, Milk Snack: Apple Slices	17 Breakfast: Cereal Bar, Fruit Milk Snack: Banana	18 Breakfast: Bagel, Fruit, Milk Snack: Pretzels	19 Breakfast: French Toast Sticks, Fruit, Milk Snack: Graham Crackers
22 Breakfast: Pop Tart, Fruit, Milk Snack: Oatmeal Cookies	23 Breakfast: Cereal, Fruit, Milk Snack: Goldfish	24 Breakfast: Yogurt w/granola, fruit, Milk Snack: Applesauce	25 Breakfast: Pancakes, Fruit, Milk Snack: Carrot Sticks	26 Breakfast: Muffin, Fruit, Milk Snack: Yogurt

This is the food that will be provided for your child. If your child doesn't like the food provided, please feed them prior to morning arrival for breakfast and send them an alternate snack. Breakfast service ends at 8:20am. If your child arrives late, please ensure they have been fed.