



Dive into an action-packed martial arts practice at Holy Trinity Catholic School!

This martial arts course empowers students with confidence and discipline. Students develop cool techniques, build super strength, and make friends while they train in a safe, and structured environment. They will have a blast mastering martial arts moves that improve their flexibility, health, and ability to focus. Expert instructors blend fun and discipline, teaching strength and self-control through carefully-designed and engaging exercises.



\$120
per student

Times and Dates:

Monday

3:00pm-4:00pm

Grades: Pre-K3-K

Aug 24, 31

Sep 14, 21, 28

Oct 05



To sign up, visit:

www.nexploreusa.com/register-your-child

- 1.) Select your state.
- 2.) Choose your school.
- 3.) Find the program and click "Register."

Nexplore's mission is to foster the Joy of Learning through enrichment opportunities so that all children may discover and explore a passion that drives them to excellence.

For more information, or to view our other programs, visit www.nexploreusa.com or call 1-844-JOY-NEXT