

November 2023 First Steps K4 Breakfast & Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
30 Breakfast: Muffin, Fruit, Milk Snack: Apple Sauce	31 Breakfast: Pop Tart, Fruit, Milk Snack: Goldfish	1 NO SCHOOL	2 Breakfast: Cereal, Fruit, Milk Snack: Pretzels	3 Breakfast: French Toast Sticks, Fruit, Milk Snack: Yogurt
6 Breakfast: Cereal, Fruit, Milk Snack: Oatmeal Cookie	7 Breakfast: Scrambled Eggs, Fruit, Milk Snack: Animal Crackers	8 Breakfast: Yogurt w/granola, Fruit, Milk Snack: Apple Slices	9 Breakfast: Oatmeal, Fruit, Milk Snack: Carrot Sticks	10 Breakfast: Bagel, Fruit, Milk Snack: Graham Crackers
13 Breakfast: Cereal, Fruit, Milk Snack: Cheese & Crackers	14 Breakfast: Sausage Biscuit, Fruit, Milk Snack: Apple Slices	15 Breakfast: Cereal Bar, Fruit, Milk Snack: Banana	16 Breakfast: Bagel, Fruit, Milk Snack: Pretzels	17 Breakfast: French Toast Sticks, Fruit, Milk Snack: Graham Crackers
20 Breakfast: Pop Tart, Fruit, Milk Snack: Oatmeal Cookies	21 Breakfast: Cereal, Fruit, Milk Snack: Goldfish Bag Lunch: Ham & Cheese Sandwich, Chips, Carrot Sticks, Cookie, Water	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL

This is the food that will be provided for your child. If your child doesn't like the food provided, please feed them prior to morning arrival for breakfast and send them an alternate snack. Breakfast service ends at 8:20am. If your child arrives late, please ensure they have been fed.