

## October 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Beef Tacos served with Cheese, Lettuce, Tomato, Rice, Fruit, Dessert, Milk or Water Cereal Bar, Fruit, Milk K3/4K ONLY Graham Crackers K34K ONLY	2 Chicken Noodle Soup, Grilled Cheese, Fruit, Dessert, Milk or Water Bagel, Fruit, Milk K3/4K ONLY Apple Sauce K3/4K ONLY	3 Chicken Tenders, Mashed Potatoes, Corn, Fruit, Dessert, Milk or Water Muffin, Fruit, Milk K3/4K ONLY Yogurt K3/4K ONLY	4 Cheese Pizza, Carrot Sticks, Fruit, Dessert, Milk or Water Oatmeal, Fruit, Milk K3/4K ONLY Animal Crackers K3/4K ONLY	5
6	7 Breakfast Casserole, Hashbrown, Sausage, Fruit, Milk or Water Eggs, Fruit, Milk K3/4K ONLY Oatmeal Cookie K3/4K ONLY	8 Corn Dogs, Peas, Fruit, Dessert, Milk or Water Cinnamon Roll, Fruit, Milk K3/4K ONLY Carrot Sticks K3/4K ONLY	9 Swedish Meatballs, Green Beans, Fruit, Dessert, Milk or Water Bagel, Fruit, Milk K3/4K ONLY Apple Slices K3/4K ONLY	10 Mac N Cheese, Green Beans, Fruit, Dessert, Milk or Water Yogurt w/Granola, Fruit, Milk K3/4K ONLY Animal Crackers K3/4K ONLY	11 Cheese Pizza, Carrot Sticks, Fruit, Dessert, Milk or Water Pancakes, Fruit, Milk K3/4K ONLY Pretzels K3/4K ONLY	12
13	14 Pancakes, Hashbrown, Sausage, Fruit, Milk or Water Cereal, Fruit, Milk K3/4K ONLY Goldfish K3/4K ONLY	15 Chicken Tenders, Mashed Potatoes, Corn, Fruit, Dessert, Milk or Water French Toast Sticks, Fruit, Milk K3/4K ONLY Banana K3/4K ONLY	16 Cheese Quesadilla, Rice, Corn, Fruit, Dessert, Milk or Water Pop Tart, Fruit, Milk K3/4K ONLY Yogurt K3/4K ONLY	17 Salisbury Steak, Mashed Potatoes, Corn, Fruit, Dessert, Milk or Water Cinnamon Roll, Fruit, Milk K3/4K ONLY Apple Sauce K3/4K ONLY	18 Cheese Pizza, Carrot Sticks, Fruit, Dessert, Milk or Water Oatmeal, Fruit, Milk K3/4K ONLY Pretzels K3/4K ONLY	19
20	21 French Toast, Hashbrown, Sausage, Fruit, Milk or Water Eggs, Fruit, Milk K3/4K ONLY Animal Crackers K3/4K ONLY	22 Fish Sticks, Green Beans, Fruit, Dessert, Milk or Water Sausage Biscuit, Fruit, Milk K3/4K ONLY Oatmeal Cookie K3/4K ONLY	23 Hamburger, French Fries, Fruit, Dessert, Milk or Water Cereal Bar, Fruit, Milk K3/4K ONLY Carrot Sticks K3/4K ONLY	24 Chili Beans, Crackers, Peas, Fruit, Dessert, Milk or Water Danish, Fruit, Milk K3/4K ONLY Graham Crackers K34K ONLY	25 1/2 Day NO HOT LUNCH Danish, Fruit, Milk K3/4K ONLY Pretzels K3/4K ONLY Bagged Lunch - Ham & Cheese Sandwich, Chips, Carrot Sticks, Cookie, Water K3/4K ONLY	26
27	28 Scrambled Eggs, Hashbrown, Mini Muffin, Fruit, Milk or Water French Toast Sticks, Fruit, Milk K3/4K ONLY Yogurt K3/4K ONLY	29 Beef Tacos served with Cheese, Lettuce, Tomato, Rice, Fruit, Dessert, Milk or Water Cereal Bar, Fruit, Milk K3/4K ONLY Apple Slices K3/4K ONLY	30 Vegetable Soup, Grilled Cheese, Fruit, Dessert, Milk or Water Muffin, Fruit, Milk K3/4K ONLY Goldfish K3/4K ONLY	31 Ravioli, Salad, Bread, Fruit, Dessert, Milk or Water Muffin, Fruit, Milk K3/4K ONLY Carrot Sticks K3/4K ONLY		